

Treatment Style

My primary adjusting technique is called the Thompson technique. It is a system of drop piece adjusting that is low force and high velocity. The use of the drop piece on the table reduces the sensation of pain in the patient. They usually do not feel the segment pop when it is adjusted. (I built my practice as the guy that didn't crack necks.) I also utilize Palmer Package. It is a collection of various chiropractic techniques that are commonly used in the chiropractic profession.

Sometimes I use an adjusting instrument to adjust the patient. It is low force high velocity adjusting instrument. Additionally I use respiratory assist adjusting. This is a low force low velocity method. This method is used on people who are too sensitive to be adjusted manually. I have completed the 100 hour certification course in Applied Kinesiology. Applied kinesiology (AK) is a form of diagnosis using muscle testing to examine how a person's body is functioning. When properly applied, the outcome of an AK diagnosis will determine the best form of therapy for the patient. Therapies utilized can include specific joint manipulation or mobilization, various myofascial therapies, cranial techniques, meridian therapy, clinical nutrition, dietary management and various reflex procedures.

I am a Certified Chiropractic Extremity Practitioner (C.C.E.P.). C.C.E.P. is an advanced certificate requiring 60 hours of class time and a certification examination. The course of study is the examination and treatment of injuries to the joints of the arms, legs and ribs. I have worked as a teaching assistant in the certification program.

I have completed a three year, 350 hour, course in chiropractic orthopedics. This is an advanced course in examination, diagnosis and treatment of joint injuries.

I am also a Level II Reiki practitioner. Reiki is a method treating ailments using energy. I do not perform Reiki sessions with patients.