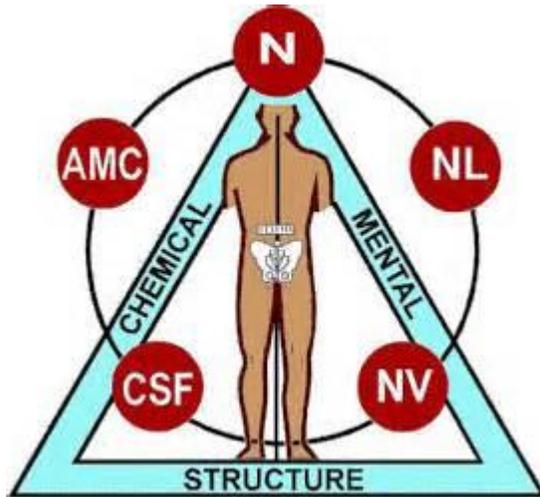


Practice Philosophy: Philosophy of Chiropractic in My Practice

My initial look at the patient is from an Applied Kinesiology perspective. Applied kinesiology uses the - triad of health - chemical, mental and structural factors - to describe the proper balance of the major health categories.



The triad is represented by an equilateral triangle with structural health as its base, and the upright sides representing chemical and mental health. When a person experiences poor health, it is due to an imbalance in one or more of these three factors.

The triad of health is interactive and all sides must be evaluated for the underlying cause of a problem. A health problem on one side of the triad can affect the other sides. For example, a chemical imbalance may cause mental symptoms. Applied kinesiology enables the practitioner to evaluate the triad's balance and direct therapy toward the imbalanced side or sides.

My office protocols are to examine my patients with the appropriate level of case history, physical/neurological examination and comprehensive muscle testing to arrive at my initial diagnosis. As the patient progresses through the prescribed treatment plan they will be monitored through appropriate testing to assess their progress.

Treatment in my office is primarily manual adjustment of the spine and appendicular skeleton. Adjunctive manual manipulation of soft tissue in the form of trigger point stimulation, manual traction and instrument manipulation is applied to cases as the need arises. Modalities such as ultra sound, EMS (muscle stim), cold laser, instrument assisted soft tissue mobilization are utilized as clinically indicated.

I believe the vertebral subluxation should be reduced, proper nutritional supplementation and diet modification applied and mental stressors addressed in a timely manner. The patient is released from therapeutic care as soon as possible. Additional care on a support schedule may be indicated in cases of permanent injury.

Wellness checks will occur as often as necessary. The timing of these visits is driven by the special circumstances of each individual case and patient preference.